



the eggspress

SPRING/SUMMER 2014

Scramble

HINT: Eggs give you...

C G N L I I M B

C S C E O R

G P I M J U N

N G N N I R U

C A S S T G Y M I N

N C D A E N G I

Mystery Letters:

UNSCRAMBLE THE LETTERS
TO SOLVE THE PUZZLE

Mystery Word:



The Amazing Eggspanning & Shrinking Egg!

This experiment will take a few days, so be egg-stra patient!

What You Need:

- One medium bowl
- 2 clear jars or glasses
- 3 eggs
- vinegar 500 mL (2 cups)
- corn syrup 250 mL (1 cup)
- water 250 mL (1 cup)

How it Works:

1. Place all three eggs in the medium bowl.
2. Cover the eggs with vinegar and let them sit overnight.

3. Come back in the morning. The eggshells will have dissolved leaving only the delicate membrane holding them together.
4. Gently brush any remaining shell off of your eggs. There is an extra egg in case of any accidents.
5. Gently pour water into one jar and corn syrup into the other jar. Place one egg into each jar. Make sure it is completely covered.
6. Leave the eggs overnight.
7. What happens? If you like, you can put the eggs into the opposite jars and see if you can reverse the effects!

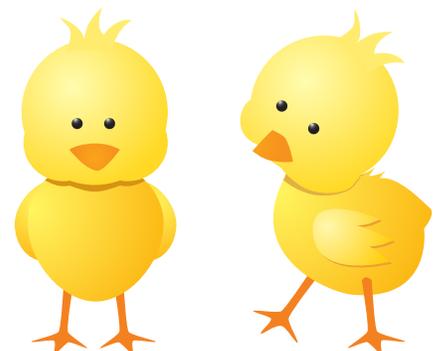
Easter Egg Tree

What You Need:

- 12 decorated Easter eggs
- sticks or branches (natural or from a craft store)
- vase or bucket
- floral foam or sand
- glue
- ribbon or yarn

1. Ask an adult helper to blow out your eggs for you.
2. Carefully decorate your eggs however you like. Make sure they are completely dry.
3. Choose some sticks from outside or a store. If you like, wind ribbon or yarn around some of the branches and secure with glue.
4. Place the sand or floral foam into the bottom of your vase or bucket.

5. Arrange the sticks in the foam or sand so that they make a nice looking tree.
6. Cut the yarn or ribbon into small pieces about 10 cm (4 inches) long.
7. Glue the middle of the yarn or string to the small end of the egg. Wait for the glue to dry completely.
8. Tie bows in the yarn or ribbon and hang the eggs on the branches. Now you have a beautiful way to display all of your egg creations!



The **EGGSpress** is a newsletter for kids! It features interesting egg facts, egg-speriments, recipes, tricks, puzzles, crafts, jokes and other egg-citing activities. Although these activities are targeted to kids, we recommend involving an adult helper. To sign up for this newsletter in PDF format, just email eggspress@eggs.ab.ca.



Potato Easter Baskets

12	eggs	
2½ cups	shredded hashbrowns	650 mL
½ cup	parsley	125 mL
¼ tsp	salt	1 mL
¼ tsp	pepper	1 mL
	cooking spray	

1. Ask your adult helper to cook the hash browns for you and to preheat the oven to 200 °C (400 °F).
2. Spray the muffin pan with nonstick spray.
3. When the hash browns are cool, put 50 mL (¼ cup) of hash browns into each tin, spreading them across the bottom and up the sides to make a little basket.
4. Crack an egg into each tin. You might want to crack the egg into a small dish first and then slip the egg into the tin.
5. Sprinkle each egg with a little salt and pepper.
6. Scatter some parsley around the edges to look like Easter grass.
7. Ask your adult helper to place the pan in the oven and bake for 15-20 minutes.
8. Ask your adult helper to carefully remove the baskets from the pan once they are cool.
9. Decorate each one with a couple of tomato halves; they will look like Easter eggs in a basket!



Natural Easter Egg Dye

You can use things from nature to make perfectly edible, beautifully coloured Easter eggs! Just make sure to keep your eggs properly refrigerated if you plan to eat them later.

Use 250 mL (1 cup) of water for each 75 mL (⅓ cup) of dyeing materials. Add 5 mL (1 tsp) of vinegar for each cup of dyeing liquid. Ask an adult helper to boil the liquid on the stove or in the microwave until it's a dark colour.

Try using items that you can find in your kitchen like: onion skins, turmeric, blueberries, red cabbage and spinach boiled with some lemon juice. What colours can you create?

Yolks of the Month

- Q.** What do chickens do in the springtime?
A. They go on peck-nicks.
- Q.** What happens to eggs in a thunderstorm?
A. They get terrified!
- Q.** What sport are eggs best at?
A. They egg-cell at running!



Get Cracking

Cracking eggs takes practise, keep trying!

1. Gently tap the egg on a flat surface to make a crack.
2. Push your thumbs into the crack to make a hole.
3. Hold the egg down low over the dish.
4. Use your thumbs to pull the egg apart.
5. Be sure to wash your hands when you are finished!

