



# the eggs press

SUMMER 2008

## Scramble

HINT:

Summertime Sports

S N I M I W M G

P H O T C H C S O

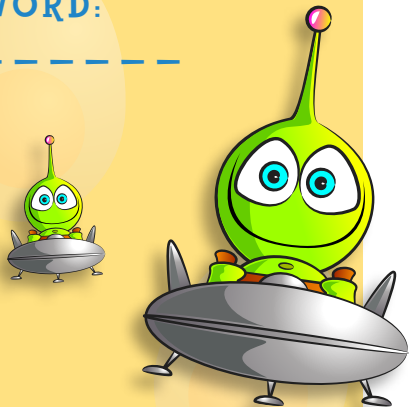
A N N I C G E O

G N I C B M I L

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D I E O G R N O

MYSTERY  
WORD:



**ALBERTA**  
**Egg Producers**  
www.eggs.ab.ca

## The Spinning Egg

*This is a fun egg-speriment because it allows for audience participation.*

### What You Need:

- 6 hard-cooked eggs
- 6 uncooked eggs
- glass bowl
- paper towels
- small audience

### How it Works:

1. Ask your audience if they can tell the difference between a hard-cooked and an uncooked egg.
2. Choose someone who seems confident in telling apart the two types of eggs.
3. Take one hard-cooked and one uncooked egg. Ask the volunteer to spin the two eggs on a flat

surface and determine which is hard-cooked.

4. When the person has chosen the “hard-cooked” egg, ask how he or she knows it’s “the one.” Then, ask your volunteer to prove this theory by cracking the egg into the bowl.
5. If your volunteer is correct, applaud and then ask another member of the audience to try. If your volunteer is incorrect, ask the audience why. Then get another member of the audience to try. Repeat.

*How does this egg-speriment work? Which theory from the audience worked the best? Send your answer to [eggspress@eggs.ab.ca](mailto:eggspress@eggs.ab.ca) and—if you’re right—you will receive an egg pencil in the mail.*



## Alien Eggs

*The truth is out there ... or in the egg ...*

### What You Need:

- 6 eggs (more, if you want to make many aliens)
- glass bowl
- nail scissors
- white glue
- clear glue/gluestick
- coloured cardboard paper
- pipe cleaners
- felt pens
- paint
- googly eyes

### How it Works:

1. Break the eggs into a bowl so that each shell makes two separate halves.
2. Rinse the shells and set aside to dry.
3. Cut out feet, arms and tentacles from the cardboard paper. Draw on interesting scales, bumps and warts.
4. Take an eggshell half. Trim the rough, broken edge with the nail scissors. Use the white glue on the edge to make it stronger.
5. Paint the egg shell (the alien body) in interesting colours and patterns.
6. Glue the alien feet, arms and tentacles to the shell.
7. Add googly eyes and head tentacles made from pipe cleaners to give your alien more character.



The **EGGSp**ress is a monthly newsletter for kids! It features interesting egg facts, egg-speriments, recipes, tricks, puzzles, crafts, jokes and other egg-citing activities. Although these activities are targeted to kids, we recommend involving an adult helper for double the fun. To sign up for this monthly newsletter in PDF format, just email [eggspress@eggs.ab.ca](mailto:eggspress@eggs.ab.ca).



## Egg-cellent Ideas

### Egg Drop Soup

This easy soup is perfect for those breezy summer evenings.

1¼ L	Low-salt Chicken Broth	4½ cups
15 mL	Cornstarch	1 tbsp
5 mL	Soy Sauce	1 tsp
4	Eggs	2
1	Green Onion, Minced	1



1. Mix the cornstarch and soy sauce with 45 mL (3 tbsp) of the chicken broth.
2. Heat the remaining broth in a saucepan, bringing to a simmer. Pour the cornstarch mixture into the hot broth and stir until thick and clear.
3. Break eggs into a small bowl, stir lightly.
4. Slowly pour eggs into the hot soup. Turn off the heat and stir the entire mixture one time only.
5. Divide the minced green onion into four soup bowls and ladle in the soup.

Serves: 4

#### One more soup idea:

Do you love your Lipton's Chicken Noodle Soup? Add some protein by cracking in a couple of eggs. Prepare the soup as usual. Just before serving, add two eggs. Make sure the eggs break up in the soup and are thoroughly cooked before serving.

## Yokes of the Month:

**Q.** Why did the egg hide?  
**A.** He was a little chicken!

**Q.** What time do hens get up?  
**A.** The quack of dawn!

**Q.** Why can't you tease egg whites?  
**A.** They can't take a yolk.

## Egg Facts:

### What makes a double yolk egg?

A hen will sometimes produce double-yolk eggs at the beginning or near the end of her reproductive life due to hormonal changes. When this happens, the shell forms around two yolks instead of one, creating a double-yolk egg.

### What's the difference between white and brown eggs?

Brown and white eggs have the same nutritional value. The shell colour comes from the type of hen that lays the egg. Usually, white-feathered hens lay white eggs and brown-feathered hens lay brown eggs.

## Did you know ... the solstice!

There is a superstition that says you can stand an egg on-end on the date of the summer solstice (June 22). Despite rumours to the contrary, with persistence it is possible to stand an egg on-end at other times of the year, as well. The key is to try, try again. If you can't make it happen, you can always try the easy method: stand the egg on a thin layer of salt, then blow away any visible salt grains!